

Welcome to the September LBHH Equity, Diversity & Inclusion (EDI) Committee newsletter! As we continue our efforts to create a more welcoming, inclusive, and respectful environment here at LBHH, please share your ideas and concerns with us via the EDI suggestion boxes located by most timeclocks. We appreciate your feedback! The next EDI Committee meeting will be on **October 25<sup>th</sup> at 12:00pm** in the Expressive Arts room. Everyone is welcome!

As Suicide Prevention Month ends, we would like to highlight some statistics on a few special populations that are at an increased risk of suicide.

**LGBTQ Youth:**

41% of LGBTQ youth considered suicide in 2022, including half of transgender and nonbinary youth. LGBTQ youth of color reported higher rates than their white peers.

**BIPOC:**

People who were American Indian or Alaska Native had a 26% increase in suicide rate between 2018 and 2021. Black individuals saw a 19% increase and the suicide rate among Hispanics increased by nearly 7%.

**People with Disabilities:**

A survey in 2021 found that people with disabilities were 3x more likely to report suicidal ideation in the prior month compared to people without disabilities.

\*data: Pennsylvania's 2023 Suicide Prevention Guide

**National Hispanic Heritage Month**

In America, National Hispanic Heritage Month is observed from September 15<sup>th</sup> to October 15<sup>th</sup> to celebrate the histories, cultures, and contributions of Americans whose ancestors came from Spain, Mexico, the Caribbean and Central and South America.

Hispanic Heritage Week was first observed in 1968, and was expanded to a month-long celebration in 1988. The 30 days between September 15<sup>th</sup> and October 15<sup>th</sup> holds significance because the Latin American countries of Mexico, Costa Rica, El Salvador, Guatemala, Honduras, Nicaragua, and Chile all celebrate their independence days during that time.

You can celebrate Hispanic Heritage Month by attending Lancaster's Hispanic Heritage Month Celebration, exploring virtual exhibits at the National Museum of the American Latino, or supporting local Hispanic and Latino owned businesses.

