



Find out how Lancaster Behavioral Health Hospital can help. Call **717-740-4160** for a no-cost assessment, available 24/7.

## Intensive Behavioral Health Treatment for Adults

### Lancaster Behavioral Health Hospital



333 Harrisburg Avenue | Lancaster, PA 17603  
**717-740-4160 • [lancasterbehavioral.org](http://lancasterbehavioral.org)**

Physicians are on the medical staff of Lancaster Behavioral Health Hospital, but, with limited exceptions, are independent practitioners who are not employees or agents of Lancaster Behavioral Health Hospital. The hospital shall not be liable for actions or treatments provided by physicians. Model representations of real patients are shown. Actual patients cannot be divulged due to HIPAA regulations. For language assistance, disability accommodations and the non-discrimination notice, visit our website. 191437-1386 4/19

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The Intensive Treatment Suite serves individuals ages 18 and over with major psychiatric disorders or those who have decreased capacity for self-control. We provide 24-hour care to help our patients stabilize and begin to work on recovery.



We provide treatment, resources and support to foster hope and build resiliency. **Call 717-740-4160** or visit [lanasterbehavioral.org](http://lanasterbehavioral.org) today to learn more.

## About Us

Lancaster Behavioral Health Hospital is the only freestanding psychiatric hospital in Lancaster County. We treat each person who seeks our treatment with dignity and respect and promote the idea that recovery is possible for every person in our care.

**Treatment, Compassion & Hope...**  
**Today, Tomorrow & Always.**

## Treatment components can include:

- Biopsychosocial, nursing and psychiatric assessments
- Daily multidisciplinary treatment team planning reviews
- Experiential and process-driven group therapies using evidence-based interventions
- Support from a Certified Peer Specialist
- Wellness Recovery Action Plans®
- Nutritional assessment
- Spiritual Care

Our goal is to help individuals learn to better manage emotional responses to daily challenges, social interactions and the demands of everyday life. We believe evidence-based treatment can help people rebuild relationships and construct a sustainable path to wellness.

We encourage individuals to participate in group therapy that can include elements of:

- Cognitive Behavioral Therapy
- Dialectical Behavior Therapy
- Mindfulness-based stress reduction
- Motivational Interviewing strategies



## Lancaster Behavioral Health Hospital



Penn Medicine  
Lancaster General Health



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